



# **Personal, Social, Health and Economic Education (PSHE) Policy**

**June 2020**

## **1. School ethos / rationale – GROW, FLOURISH, CARE, ASPIRE**

As a spacious rural primary school and nursery, our vision is to provide a welcoming, nurturing and stimulating learning environment with rich opportunities, underpinned by key values of COURAGE, KINDNESS and RESPONSIBILITY. Creating positive relationships with families and the wider community, our energetic and passionate staff team will ensure that children grow and thrive as confident, happy, collaborative individuals, committed and motivated to making good choices in life and learning.

Personal, Social, Health and Economic Education is a distinct curriculum subject and has both statutory and non-statutory elements as defined by the DfE. High quality PSHE education supports pupils' personal, social, health and economic development by helping to give them the knowledge, skills and strategies to make informed choices and decisions about the different opportunities and challenges life presents. Pupils will learn about relationships, health and wellbeing, keeping safe, managing their off and online lives, living in the wider world and will give them financial education at an age appropriate level. Providing a high quality PSHE curriculum gives pupils opportunities to explore issues that are real and relevant to them in their daily lives in a safe and managed environment.

## **2. The aim of this policy is to:**

- Provide information to staff, parents and carers, governors, pupils and other agencies regarding the organisation, content and approach to teaching PSHE Education.
- Help parents and carers to understand PSHE Education and support them to work with their child to secure the very best outcomes for all pupils.
- Demonstrate how the school meets legal requirements with regards to teaching Relationships Education, Sex Education and Health Education.

## **3. Legal Requirements**

At Grendon Underwood Combined School we teach the statutory parts of PSHE – Relationships education (please see our Relationships Education Policy) and Health Education through our PSHE curriculum. We also teach non statutory Sex Education as part of PSHE provision (please see our Sex Education policy).

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE) compulsory for all pupils receiving secondary education. They also make Health Education compulsory in all schools except independent schools.

We comply with the 'Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance' issued by the DfE.

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/805781/Relationships Education Relationships and Sex Education RSE and Health Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

Whilst primary schools are not mandated to provide sex education, we offer this as part of our PSHE curriculum in addition to the statutory elements of sex education contained in the science curriculum. We are required to be aware of guidance issued by the Secretary of State as outlined in section 403 of the Education Act 1996.

We follow the DfE guidance for teaching PSHE (updated June 2019).

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>

It is the statutory responsibility of the governing body to ensure the school has a compliant and up to date Relationships and Sex Education policy.

#### **4. The curriculum**

##### ***Intent***

*Why do we teach it?*

We aim to provide high quality PSHE provision that will enable pupils to develop life skills for managing change, making healthy and safe choices, building character and becoming resilient, reflective and responsible members of society.

Our age appropriate PSHE provision is sensitive to the needs of our whole school community, and gives our pupils an education which will support them both now and in the future.

Our PSHE provision is underpinned by the 2010 Equalities Act and provides an inclusive curriculum that promotes understanding and mutual respect for all. We reflect diversity within our curriculum to ensure that no pupil feels excluded and teach pupils to understand, respect and celebrate difference and challenge stigma.

Our PSHE provision extends beyond the curriculum and includes themed days/weeks and assemblies reflecting our school's ethos and values. PSHE is part of our school's broad and balanced curriculum supporting spiritual, moral, social and cultural education, citizenship, equalities, and safeguarding.

The personal, social, health and economic development of our pupils is a vital element of education. We aim to work collaboratively with parents/ carers to ensure our children are well informed and supported to make healthy, safe and positive choices in all aspects of their daily lives.

##### **Implementation**

*What, where and when is PSHE taught?*

##### ***What?***

At Grendon Underwood Combined School, statutory Relationships Education and Health Education are taught as part of a structured PSHE curriculum. We also teach Economic Education and relevant themes to support our pupils to manage their lives both now and in the future.

At Grendon Underwood Combined School, we use the PSHE Association's programme builder and the Coram Life Education SCARF scheme of work to support us in the planning and delivery of PSHE. We also use Cornerstones, which covers PSHE objectives through their projects. A copy of our PSHE curriculum overview

can be found on our website and in appendix 1. We provide a spiral curriculum to ensure pupils are taught key aspects of PSHE at a relevant and age appropriate level and in line with their continuing personal, social and emotional development.

### **Relationships Education**

Our PSHE curriculum covers statutory Relationships education (please see Relationships policy for further details). Relationships Education in primary schools focuses on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and adults. By the end of primary school pupils will have been taught content on:

- Families and people who care for us
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Pupils will be taught Relationships Education from year 1 at an age appropriate level. Further details on what we are required to teach can be found in appendix 2 (DfE Relationships outcomes).

### **Sex Education**

As part of our PSHE provision we teach sex education. This is an important and recommended aspect of the curriculum. As a non-statutory element of PSHE, parents/carers have the right to withdraw their child from designated sex education lessons. We encourage parents and carers to talk through any concerns they may have and make an informed choice about whether to exercise the right to withdraw their child. Please see our sex education policy.

### **Health Education**

We deliver statutory Health education through our PSHE curriculum. Health Education aims to teach pupils about physical and mental wellbeing and give pupils the information that they need to make good decisions about their own health and wellbeing. It should enable them to recognise what is normal and what is an issue with regards to themselves and others; pupils will be taught how to seek support as early as possible from a safe and trusted source. By the end of primary school, pupils will have been taught content on:

- Mental wellbeing
- Internet safety and harmful online activity
- Physical health and fitness
- Healthy eating
- Facts and risks associated with drugs, alcohol and tobacco
- Health prevention
- Basic first aid
- The changing adolescent body\*

\*The changing adolescent body and puberty education is part of the statutory Health Education curriculum and is mandatory for all pupils. We teach the correct scientific names for all body parts from Reception. Introducing the scientific names of genitalia is recommended by the NSPCC, the PSHE Association and is recognised good practice, supporting the safeguarding of pupils.

DfE outcomes for Health Education can be found in appendix 2.

## **Living in the wider world/Economic Education**

Our PSHE curriculum covers Economic Education and Living in the Wider World. Pupils will learn about managing money, the world of work through careers education, also climate change and looking after our environment.

## **When/How?**

At Grendon Underwood School, PSHE is a taught subject. PSHE is timetabled once a week and delivered by class teachers. The PSHE curriculum has been designed to help pupils develop their knowledge and skills over time, embedding learning to ensure pupils receive a relevant, age appropriate education to support them in their current and future lives. PSHE is taught in units and the themes are available to view on the school website.

## **Managing difficult questions and confidentiality**

In PSHE pupils learn about personal safety and the law. Should a pupil make a disclosure to a member of staff this will be reported to a designated safeguarding lead and followed up in accordance with our disclosure procedures. Please see our safeguarding policy on the school website for further information.

All aspects of PSHE are underpinned by shared and understood ground rules with lessons being delivered in a safe and well managed environment. To ensure the content and delivery of PSHE education is appropriate and relevant to our pupils we use simple baselines to ascertain what pupils already know, and what they would like to learn. Distancing techniques are used in PSHE education, which provide depersonalised examples which support children to explore what is being taught without sharing their own personal experiences in the lesson. Pupils are encouraged to ask questions and raise issues in a respectful and appropriate manner. Some questions or issues raised may not be appropriately answered in whole class lessons and these will be followed up separately on an individual or group basis. A question box is available for pupils who do not feel confident to ask questions or wish to have a separate conversation with a member of staff. Given ease of access to the internet, children whose questions go unanswered may turn to inappropriate sources of information.

We also respect that some questions are better addressed at home with parents/carers and the school will share information with parents/carers on an individual basis should the need arise.

Whilst it is vital to have trust and openness we cannot offer total confidentiality to pupils. Any disclosures or areas of concern will be followed up in accordance with our safeguarding procedures.

## **How delivery and content will be made accessible to all pupils including SEND**

As far as is appropriate, pupils with special educational needs will follow the same PSHE education programme as all other students. Careful consideration will be given concerning the level of differentiation needed, and in some cases the content or delivery will have to be adapted. Teachers and/or learning support assistants will work with individual pupils when required. It is not the school's policy to withdraw children with special educational needs from PSHE education as we consider it to be an essential part of their education.

## **Impact**

- PSHE provision provides pupils with well-chosen contexts to explore and embed new knowledge that can be used confidently in real life situations.
- Pupils know how to look after their mental health and wellbeing.

- Pupils are able to form healthy, happy relationships with other children and adults. Recognising features of unhealthy relationships, they will be shown strategies to challenge other people's negative behaviour and how to seek help when needed.
- Pupils know how, when and where to ask for help and access support.
- Pupils are well informed to recognise the risks they may encounter on or offline and are able to make safe choices.
- Pupils take responsibility for their actions understanding the implications and consequences of their own decisions.
- Pupils are well prepared for the next steps of their lives.
- Pupils have the knowledge, skills and attributes to live healthy, happy lives.
- Pupils understand and respect differences between themselves and others.

### **5. Confidentiality and safeguarding**

Any personal disclosures made by pupils will be followed up in accordance with the school's child protection policy. Teachers will report any safeguarding concerns to the DSL and share concerns with parents/carers according to the school's safeguarding procedures.

### **6. Roles and Responsibilities**

The Governing Body will approve the policy and hold the Headteacher to account for its implementation.

The Headteacher is responsible for ensuring PSHE is taught consistently across the school and for managing requests regarding the parental right to withdraw from non-statutory Sex Education.

The PSHE lead is responsible for leading and managing the subject.

Teachers are responsible for delivering PSHE.

Pupils are expected to fully engage with PSHE provision and treat others with respect.

### **7. Working with outside agencies and visiting speakers**

We will consider carefully when to invite visitors to take part in our teaching curriculum for PSHE. Agencies like the NSPCC, the Police and internet platform providers will offer additional information to assist and accentuate key messages for children and families. All visitors and agencies will be safeguard checked in advance of site visits and will be accompanied at all times when working with our children or families.

### **8. Monitoring, evaluation and training**

PSHE provision will be monitored and evaluated by the PSHE lead, SLT and Governors in line with the monitoring cycle agreed by the school. The PSHE policy will be reviewed annually.

To ensure staff are confident to deliver all aspects of the PSHE curriculum, access to online, in school, local and national training will be made available and in accordance with the school's CPD programme for staff development.

### **9. Working with parents and carers**

It is vital that parents and carers know what is being taught and how to support their child/children. The PSHE curriculum overview is published on the school website along with the PSHE policy, Relationships policy and Sex education policy. Appendix 1 shows what is being taught by year group.

We have an open door policy for any parents/carers who wish to find out more about our PSHE provision. We consult with parents, carers and the wider community through a parent working party and parent surveys to provide an ongoing process to ensure we all work together for the greatest benefit of the children. We understand that parents and carers may wish to approach the school to access help with concerns about their child and where they can go to obtain further support.

Our PSHE policy and PSHE curriculum overview can be found on the school website. We encourage parents and carers to make an appointment with the class teacher or the head teacher to discuss any aspect of the PSHE curriculum or to raise any concerns they may have regarding this vital area of education.

Parents and carers are **only** entitled to withdraw their child from designated Sex education lessons (please see the Sex education policy for further details) and there is no right to withdraw from PSHE which includes statutory Relationships Education and Health Education. The science curriculum also includes content on human development, including reproduction, from which there is no right to withdraw. We highly recommend all students receive the full PSHE curriculum.

### **Useful information for parents**

We have a designated area of the school website signposting to trusted external websites e.g. ParentZone, NSPCC, ThinkUKnow.

Please also find below the DfE guide for parents:

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/812593/RSE\\_primary\\_schools\\_guide\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf)

### **10. Linked policies**

Safeguarding

Anti - Bullying Policy

Relationships Education Policy

Sex Education Policy

### **11. Policy development**

This policy has been developed in consultation with parents and Governors.

Who wrote the policy – the PSHE lead, in conjunction with staff members and a working group, informed by relevant national and local guidance / guidance from Public Health PSHE lead.

Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations.

Parent/stakeholder consultation – a parent working party was consulted and all other parents/carers were given the opportunity to look at the policy and share their feedback.

Pupil consultation – pupil interviews/ questionnaires regarding PSHE were undertaken and issues raised were taken into consideration.

Ratification – this policy was shared and ratified with the governors.

## **12. Sign off, date and review date**

*Amy White Jones*

Date: June 2020

Review date: June 2021

### Appendix 1

PSHE Long term overview:

<https://gucs.org.uk/wp-content/uploads/2021/03/PSHE-Long-Term-Overview-2020-2021.pdf>

### Appendix 2

DfE descriptors for Relationships education

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>

Dfe descriptors for Health education (the DfE has not separated this into Primary and Secondary)

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/physical-health-and-mental-wellbeing-primary-and-secondary>

DfE Guide for parents

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/812593/SE\\_primary\\_schools\\_guide\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/SE_primary_schools_guide_for_parents.pdf)

Please note these are available in other languages (Urdu, Somali , Arabic)